

CONTINUOUS SCALE PHYSICAL FUNCTIONAL PERFORMANCE
Original Version

Distribution of data across 5 domains of function

| Tasks | SUBSCALES | | | | | CS-PFP Total |
|----------------------------------|---------------------|------------------------|---------------------|------------------------|-------------|-----------------------------|
| | Upper Body Strength | Upper Body Flexibility | Lower Body Strength | Balance & Coordination | Endurance | |
| Low Effort-Personal | | | | | | |
| Pan Carry | Weight | | | Time | | |
| Pouring | Weight | | | Time | | |
| Jacket | | Time | | Time | | |
| Scarves | | | Time | Time | | |
| Reach | | Distance | | Time | | |
| Medium Effort-Household | | | | | | |
| Floor Sweep | | | Time | Time | | |
| Laundry | Time | | Time | | | |
| Bed-making | | | Time | Time | | |
| Vacuuming | | | | | | |
| Floor down/up | | | Time | Time | | |
| Fire-door-open | | | | | | |
| Hard Effort-Mobility | | | | | | |
| Bus | Weight | | Weight | Time | | |
| Grocery | Weight | | Weight | Time | | |
| Stair climb | | | Time | Time | | |
| Endurance walk | | | | | Distance | |
| Sum of all Timed Tasks | | | | | Sum of Time | |
| Domain - Average of tasks | Upper Body Strength | Upper Body Flexibility | Lower Body Strength | Balance & Coordination | Endurance | Average of all tasks |