

WC-PFP 11-item Data Sheet

Testing Site: _____ Study: _____ Test #: _____ Tester: _____ Date: _____
 Subject ID: _____ Sex: M F Living Status: House Apt. Group Home Retirement Community SNF Other: _____
 Age: _____ Height: (+50) _____ cm Weight: _____ kg
 Primary Diagnosis: _____ Comorbidities: CVD Arthritis COPD Orthopedic Diabetes N/A

Item no.	TASK	TIME	WEIGHT	CONVERSION	HEIGHT	LAPS (1=to/back from cone) Distance _____	PARTIAL LAP	TOTAL M	COMMENTS (log anything unusual about each task or overall)
1	Lift & Transfer Pan of Weight	sec	kg	lbs/ 2.2 =					
	<i>time: sec., weight: kg</i>								
2	Transfer & Pour	sec	kg						
	<i>seconds</i>								
3	Jacket	sec							S M L XL 2X 3X
	<i>seconds</i>								
4	Shoe Strap	sec							RIGHT LEFT
5	Scarves	sec							
6a	Laundry 1	sec	7.27 kg						
	<i>seconds</i>								
6b	Laundry 2	sec							
	<i>seconds</i>								
7	Shelf Reach								RIGHT LEFT
	<i>height(cm)/reach(cm)</i>								
8	Groceries	sec	kg	lbs/2.2 =					
	<i>time: sec., weight: kg</i>								
9	Pull Open Door	sec							
10	Chair Transfer	sec							
11	Six Minute Wheel					meters		m	
	TOTAL PFP TIME								
	Overall PFP RPE								

Data entry: _____

Special Considerations: (if yes, ask if it is chronic or if today is different, log)

(initial and Date)

End of test: log anything unusual about any specific task or overall